

**Walking for Health**, Vale Vision's 2021 programme of health walks in Cam, Dursley and Uley will be partially resumed from week commencing

**29<sup>th</sup> March 2021.**

Due to changes brought about by the Covid-19 situation, walks will have to be pre-booked and numbers limited for each walk. Walks will only be open to previously registered walkers.

*Vale Vision Directors are sorry to say that due to insufficient number of registered leaders it is not possible to reinstate the programme as previously advertised.*

Strolling in Stroud will contact walkers regarding walk dates and advise how to book a walk on the free Eventbrite booking system.

We do realise that not everyone goes online so if you have a friend who normally walks with us that this would apply to then please let them know about the walks. Thank you.

If any of our previously registered walkers has difficulty with the booking system then email us on: [walks@valevision.org.uk](mailto:walks@valevision.org.uk) and we will see if we can help or direct your email to the specific walk leader.

Please only telephone or text Vale Vision as a last resort as we will not be able to manage a lot of calls. If you leave a message we will try to get back to you in a timely manner. Tel: 07749 364526.

If, in due course, you would like to join the walk leader team please let us know. There are just a formalities involved in becoming a walk leader including a training session which is usually held at Ebley Mill, SDC for less than half a day **but there is a virtual training session on 26<sup>th</sup> March which needs to be pre-booked with Community Services, Stroud District Council, email: [healthlifestyles@stroud.gov..uk](mailto:healthlifestyles@stroud.gov.uk)**

**Friday walks** – are separate to Walking for Health as they are about 2 hours duration but will also be subject to limited numbers and pre-booking. The next Friday walk will be 14<sup>th</sup> May at 2 p.m.

Eventbrite booking details will be advised the beginning of that week.