

**Walking for Health**, Vale Vision's 2021 programme of health walks in Cam, Dursley and Uley have resumed but still need to be pre-booked and for a few more weeks there will be a limited number of walkers (now 15 - including leader and back marker) with social distancing observed.

*Vale Vision Directors are sorry to say that due to insufficient number of registered leaders it is not possible to reinstate the programme as previously enjoyed prior to March 2020.*

The Wednesday and Thursday walks and will be bookable through the Eventbrite booking service with Strolling in Stroud (Stroud District Council Healthy Lifestyles department) system.

We do realise that not everyone goes online so if you have a friend who normally walks with us that this would apply to then please let them know about the walks. Thank you.

If any of our previously registered walkers has difficulty with the booking system then email us on: [walks@valevision.org.uk](mailto:walks@valevision.org.uk) and we will see if we can help or direct your email to the specific walk leader.

Please only telephone or text Vale Vision as a last resort as we will not be able to manage a lot of calls. If you leave a message we will try to get back to you in a timely manner. Tel: 07749 364526.

If, in due course, you would like to join the walk leader team please let us know. There are just a few formalities involved in becoming a walk leader, including a training session which is usually held at Ebley Mill, SDC for less than half a day but currently via a Zoom meeting with SDC.

**Friday walks** – are separate to Walking for Health as they are about 2 hours duration. The next Friday walk will be 25<sup>th</sup> June at 2 p.m. and bookable via Eventbrite from 8<sup>th</sup> June (ish).